

2025 NTW and Crosbie Cup

Lough Derg Yacht Club in conjunction with the
International Optimist Dinghy Association of Ireland

Nov 1st 2025

Dromineer, Co Tipperary, E45 NY60

SAILING INSTRUCTIONS (SIs) for the REGATTA RACING FLEET

1 RULES

- 1.1 These Sailing Instructions are to be read in conjunction with the Notice of Race (NOR). If there is a conflict between the NOR and these SIs, these SIs shall prevail.

2 COMMUNICATIONS WITH COMPETITORS

- 2.1 The official notice board is at Alerts regarding notices shall be posted on the IODAI WhatsApp "IODAI Events – REGATTA", accessible at:
https://chat.whatsapp.com/IFKm0sGjUrx9Cu2KcK7tyC?mode=ac_c
- 2.2 The race office is located on the ground floor of the club house.
telephone 0868787249, email paraicslattery@gmail.com.
- 2.3 On the water, the race committee intends to monitor and communicate on VHF radio channels:
- 77 (Regatta Racing Fleet)
 - 69 (Regatta Coaching Fleet)
- 2.4 A competitors briefing for Regatta Racing Fleet sailors will be held at Saturday in front of the clubhouse, or inside if the weather is bad. This will be after the briefing for the main fleet and as advertised in SSI 4.

3 SIGNALS MADE ASHORE

- 3.1 Signals made ashore will be displayed on the flagpole on the Club's platform in front of the Clubhouse.

4 SCHEDULE

Friday 18 July	1800 – 2000 Registration
Saturday 19 July	0830 – 0930 Registration 0930 Coach and Support Boat Safety Briefing (Main Fleet and Regatta Fleet) 1050 Competitor Briefing for Regatta Fleet 1230 Regatta Racing First Warning Signal
Sunday 20 July	1130 Regatta Fleet First Warning Signal

5 RACING AREA

5.1 The Regatta Racing Fleet racing area is Dromineer Bay.

5.2 More detailed racing area location information will be advised at the briefings and / or prior to launching each day.

5.3 The Regatta Coaching Fleet area is closer to the Club house.

6 MARKS

6.1 Regatta Racing Fleet will use orange inflatable marks.

6.2 Regatta Coaching Fleet will use training marks, which will be explained by the coaches.

7 OBSTRUCTIONS

7.1 There are no designated obstructions in the Race Area.

8 THE START

8.1 The starting line will be between a pole displaying an orange flag on the Committee Boat at the starboard end and either a starting mark or a pole displaying an orange flag on a RIB at the port end.

9 THE FINISH

9.1 The finishing line is between the Committee Boat, which will be displaying



a blue flag at the starboard end of the line, and a mark or RIB at the port

10 HEARING REQUESTS

- 10.1 Hearing request and acknowledgement forms (SI 15.3) are available at <https://www.racingrulesofsailing.org/documents/11527/event>.

11 OFFICIAL VESSELS

- 11.1 Official mark laying and safety vessels, other than those listed below, will carry a numbered yellow flag.

- 11.2 The Committee Boat will be explained at the briefing.

12 [DP] SUPPORT TEAMS

- 12.1 Support person vessels shall be identified with a numbered pink flag.

13 COURSE

- 13.1 The course will be a triangular course as indicated in the sketch below. All marks to be pass to port.

- 13.2 This may be changed to a windward leeward course, and if so competitors will be advised before the race.

