



## **2025 Optimist Irish National Championship**

Lough Ree Yacht Club

in conjunction with

International Optimist Dinghy Association of Ireland

August 14<sup>th</sup>-17<sup>th</sup>

Lough Ree Athlone Co. Westmeath

### **MAIN FLEET SUPPLEMENTARY SAILING INSTRUCTIONS (SSIs)**

#### **1 RULES**

- 1.1 These Supplementary Sailing Instructions (SSIs) are to be read in conjunction with the current IODAI Major Event Sailing Instructions (MESIs). If there is a conflict between the Notice of Race or MESIs and these SSIs, these SSIs shall prevail.

#### **2 COMMUNICATIONS WITH COMPETITORS**

- 2.1 The official notice board (ONB) is located at <https://www.racingrulesofsailing.org/documents/12265/event>
- 2.2 The race office is located in the clubhouse at Lough Ree Yacht Club.
- 2.3 On the water, the race committee intends to monitor and communicate on VHF radio channel 72.
- 2.4 [DP] A compulsory safety briefing for official vessel and support vessel crews will be held at 09:30 Thursday 14<sup>th</sup> August, in front of or inside, the clubhouse.
- 2.5 A competitors briefing will be held at 10:00 Thursday in front of the clubhouse.

#### **3 SIGNALS MADE ASHORE**

- 3.1 Signals made ashore will be displayed on the flagpole in front of the clubhouse.
- 3.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in Race Signals AP. This changes Race Signal AP and MESI 5.2.

## 4 RACING AREA

The racing area will be to the north of The Islands in Lower Lough Ree as indicated on the chart below:



## 5 COURSE

- 5.1 The course to be sailed will be Course B from MESI Attachment A (Worlds Course).
- 5.2 Marks 1 & 2 will be Orange. Marks 3p & 3s will be Yellow.
- 5.3 The Senior Division will be the first class to start. This changes MESI 9.3.
- 5.4 Both Senior and Junior Divisions will sail the same course.

## 6 OBSTRUCTIONS

- 6.1 There are no designated obstructions in the Race Area other than those set out in MESI 11. Competitors should pass on the correct side of navigation marks on the way to and from the Race Area.

## 7 THE START

- 7.1 The starting line is between a staff/mast displaying an orange flag on the committee boat at the starboard end and a staff displaying an orange flag on the port-end starting boat.

## 8 THE FINISH

- 8.1 The finishing line is between a staff displaying a blue flag on the finishing boat at the starboard end and the course side of a black spherical finishing mark at the port end.

## 9 HEARING REQUESTS

- 9.1 Hearing requests can be submitted via the ONB at <https://www.racingrulesofsailing.org/documents/12265/event>

## 10 OFFICIAL VESSELS

- 10.1 Official vessels, other than those listed below, will carry Red, Numbered LRYC Burgee. Jury boats will carry a yellow flag.

| <b>Committee Vessel</b>       | Tom Dennehy | 28' ketch               |
|-------------------------------|-------------|-------------------------|
| <b>Port end starting boat</b> |             | Rib with red white pole |
| <b>Finishing boat</b>         |             | Yacht                   |

## 11 [DP] SUPPORT TEAMS

- 11.1 Support person vessels shall be identified with White, Numbered Event Flag
- 11.2 Support teams, including all support persons and support person vessels shall stay below the Holding Area (see MESI Attachment A, Holding Area) from the time of the preparatory signal for the first start until all boats have finished or retired, or the race committee signals a postponement or abandonment other than during a start sequence. This changes NOR 13.5.