



2026 Irish National & Open Optimist Championship
13th to 16th of August 2026
Royal Cork YC, Crosshaven, Co. Cork, Ireland
Notice of Race (NoR)

The Organising Authority (OA) is the Royal Cork Yacht Club in conjunction with the International Optimist Dinghy Association of Ireland.

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1.

The notation '[SP]' denotes a rule for which a standard penalty may be applied by the Race Committee without a hearing, or a discretionary penalty applied by the Protest Committee at a hearing.

1. RULES

- 1.1 The event is governed by the Rules as defined in The Racing Rules of Sailing. The prescriptions of Irish Sailing will apply.
- 1.3 RRS 63.5(c) is changed so that in the event of a conflict between the Notice of Race and Sailing Instructions, the Sailing Instructions shall prevail. In the event of a conflict between the Notice of Race or the Sailing Instructions and the Supplementary Sailing Instructions, the Supplementary Sailing Instructions will prevail.
- 1.4 NOR 2, 7 (other than 7.3), 8, 10 do not apply to the Regatta Fleet.
- 1.5 RRS G3 Chartered or Loaned Boats shall apply.

2 SAILING INSTRUCTIONS

- 2.1 The IODAI Major Event Sailing Instructions (MESIs) will apply and are available online at www.iodai.com.
- 2.2 Supplementary sailing instructions (SSIs) will be published on line at [2026 Irish National & Open Optimist Championships - Royal Cork Yacht Club](#) prior to registration.

3 COMMUNICATION

- 3.1 The official notice board url will be specified in the SSIs.

- 3.2 On the water, the Race Committee may make courtesy broadcasts on VHF radio. The channel will be stated in the SSIs.
- 3.3 [DP] From the first warning signal until the end of the last race of the day, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats, except for the coached regatta fleet.

4 ELIGIBILITY AND ENTRY

- 4.1 The event is open to all boats of the International Optimist class.
- 4.2 Competitors must be a member of IODAI. Members of other equivalent national Optimist Class Associations will obtain temporary membership of IODAI through the entry process.

Perpetual trophies and Regional/National titles will only be awarded to sailors who are a member of IODAI, Irish Sailing, an Irish Sailing Club and sail under a registered IRL sail number, along with satisfying at least one of the following:

- Hold an Irish Passport;
- Were born on the Island of Ireland;
- Have a parent or grandparent born on the Island of Ireland;
- Have been resident on the Island of Ireland with their family for 2 consecutive years.

- 4.3 Entry is open to a maximum of 140 sailors in the Main Fleet (Junior and Senior) and a maximum of 60 sailors in the Regatta Fleet. Additional entries may be permitted at the discretion of the OA.
- 4.4 Entry is open to all sailors who are under 15 on the 1st January in the year of the championship.
- 4.5 Entry shall be made through the website (www.iodai.com).
- 4.6 Regatta Fleet eligibility:
- 4.6.1 All sailors MUST be able to sail a triangle course with approximately 250m legs competently in light to moderate airs.
- 4.6.2 The Head Coach may at their discretion request a Regatta Fleet sailor to remain ashore or sit in a RIB if they deem the sailor not to be capable of sailing in the weather conditions of the day.
- 4.6.3 In the event of adverse weather conditions, the Regatta Fleet may be cancelled by the Head Coach.
- 4.6.4 It shall be at the sole discretion of the Head Coach to split the Regatta Fleet into groups to enable more competent sailors to sail in more difficult conditions while less able sailors stay ashore.

5 FEES

- 5.1 The entry fee for all sailors (Main & Regatta Fleet sailors) is €200 and must be paid when entering the event at www.iodai.com prior to midnight on July 13th 2026.
- 5.2 A late entry fee of €240 will apply thereafter.
- 5.3 Entries made after the 14th of July 2026 shall only be permitted at the discretion of the OA.
- 5.3 Any family entering a third sailor will receive a full refund for that sailor after the event.
- 5.4 Refunds shall only be given in accordance with the *Policies on entry fees for IODAI events* on www.iodai.com

6 ADVERTISING & EQUIPMENT

- 6.1 Boats may be required to display advertising chosen and supplied by the organising authority.
- 6.2 The organising authority may provide bibs that competitors are required to wear.

7 SCHEDULE

- 7.1 Registration will take place on August 12th 14:00 to 20:00 and 13th 09:00 to 10:00. The racing schedule will be as set out below, however the Race Committee may get one race ahead of schedule but shall not sail more than 4 races on any one day.

Date	Warning Signal	No. races
Thursday 13 th August	11:55	3
Friday 14 th August	10:55	3
Saturday 15 th August	10:55	3
Sunday 16 th August	10:55	2

- 7.2 On the last scheduled day of racing, the first warning signal of a race shall not be made after 15:00.
- 7.3 Regatta Fleet racing and coaching times will be scheduled at the direction of the Head Coach and Race Officer. All communications will be made on the Regatta Fleet's WhatsApp group.

8 EQUIPMENT INSPECTION

- 8.1 Each boat is required to complete the IODAI Measurement Self Declaration Form (available on www.iodai.com) and submit this form prior to registration.
- 8.2 Each boat shall produce or verify the existence of a valid measurement book.
- 8.2 [DP] Boats may be inspected at any time ashore or on the water at the discretion of the Race Committee.

9 VENUE AND RACE AREA

- 9.1 The championship will be hosted by the Royal Cork Yacht Club.
- 9.2 The Race Area will be set out in the SSIs.

10 COURSES

- 10.1 Course A or B as set out in the IODAI MESIs will be specified in the SSIs.

11 PENALTY SYSTEM

- 11.1 Appendix P and T will apply as set out in the MESIs.

12 SCORING

- 12.1 3 races are required to be completed to constitute a series.
- 12.2 Discards
 - (a) When 3 races or fewer have been completed, a boat's series score will be the total of her race scores.
 - (b) When 4 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
 - (c) When 9 or more races have been completed, a boats series score will be the total of her race scores excluding her two worst scores.

13 SUPPORT PERSON VESSELS [DP][NP]

- 13.1 Support Person Vessels shall be registered with the OA. Registration shall include a list of the boats which any Support Persons on board will be supporting. Support Person Vessels shall be marked as set out in the SSIs.
- 13.2. Support Person Vessels shall comply with the directions from the Race Committee. See also MESI 24.
- 13.3 Only IODAI and nominated local club coaches shall provide coaching to the Regatta Fleet.

14 BERTHING

- 14.1 [DP][NP] Boats shall be kept in their assigned places while in the boat park.
- 14.2 [DP][NP] Support Person Vessels shall be kept in their assigned places.

15 DATA PROTECTION

- 15.1 Any personal information provided to the organising authority will be used to facilitate participation in the event. Competitors and support persons are bound by the Racing Rules of Sailing and the other rules that govern the event (the rules), the legal basis for processing that personal information is contract. For any person not bound by the rules, the legal basis for processing that personal information is legitimate interest.
- 15.2 Personal information will be stored and used in accordance with the organising authority's privacy policy. When required by the rules, personal information may be shared with Irish Sailing, a competitor or support person's national authority and/or World Sailing. The results of the event and the outcome of any hearing or appeal may be published.

16 IMAGE RIGHTS

- 16.1 Competitors and support persons accept that the Organising Authority may arrange for images or videos to be taken at the event both on the water and on shore. Competitors and support persons give consent to the taking of such images and to the use, reuse, publication, and republication of such images in any media, in conjunction with the competitor's name or not, without compensation and without the competitor's approval of such images or any use thereof. The images may only be used for the promotion of the event, its sponsors, the organising authority, and the class association.

17 RISK STATEMENT

- 17.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

18 INSURANCE

18.1 Each participating boat shall be insured with valid third-party liability insurance with adequate minimum cover per incident.

19 PRIZES

19.1 In both Senior and Junior Main Fleets, trophies will be awarded to the Open Champion, Irish National Champion and 1st Girl with Irish Sailing Medals for the top three Irish Sailors.

19.2 Main Fleet prizes will be awarded as follows:

- Senior Gold 1,2,3,4,5
- Senior Silver 1,2,3,4,5
- Senior Bronze 1,2,3,4,5
- Junior Gold 1,2,3,4,5
- Junior Silver 1,2,3,4,5
- Junior Bronze 1,2,3,4,5

19.3 Regatta Racing Fleet prizes will be awarded as follows:

- Racing Regatta 1,2,3,4,5, U11, U10, U9
- Youngest sailor
- Best local sailor that did not win a prize
- Fair Sailing award
- Most improved

20 FURTHER INFORMATION

20.1 For further information please contact optinats2026@royalcork.com.