





2023 Optimist Irish National and Open Championships

17 - 20 August 2023

Ballyholme Yacht Club, Seacliff Road, Bangor, Co. Down

Regatta Fleet Supplementary Sailing Instructions (SSIs)

1 RULES

1.1 These Supplementary Sailing Instructions (SSIs) are to be read in conjunction with the current IODAI Major Event Sailing Instructions (MESIs). If there is a conflict between the Notice of Race or MESI and these SSIs, these SSIs shall prevail.

2 COMMUNICATIONS WITH COMPETITORS

- 2.1 The official notice board is located on the South Facing window of the Race Officials room at Ballyholme Yacht Club. Alerts regarding notices may be made on the <u>IODAI What's App groups</u>.
- 2.2 The Race Office is located in the Cadet Room which is situated off the main entrance foyer.
- 2.3 On the water, the race committee intends to monitor and communicate on VHF radio channels: VHF Ch77 (Main Fleet), VHF Ch69 (Regatta Racing Fleet), VHF Ch71 (Regatta Coaching Fleet)

3 SIGNALS MADE ASHORE

3.1 Signals made ashore will be displayed on the flagpole on the Club's platform in front of the Clubhouse.





4 SCHEDULE

Wednesday 16 th August	17.00- 1900 Registration open Registration will be in the Race Office in the main club house, to collect tally, stickers and sail ribbons.
Thursday 17 th August	08.30 – 09.30 Registration open 09.30 Support RIB briefing - 10.00 Competitor Briefing for Regatta Fleet & launch after Main Fleet 12.10 Regatta Racing First Warning Signal Daily prize giving will take place asap after racing
	14.00 onwards – Bar open & Takeaway orders can be made from the bar.
Friday 18 th August	10.00 launching starts, Main Fleet launched first 11.10 Regatta Fleet First Warning Signal Daily prize giving will take place asap after racing 18.00 – 20.00 Guiseppe's Pizza at the Club
Saturday 19th August	10.00 launching starts, Main Fleet launched first 11.10 Regatta Fleet First Warning Signal Daily prize giving will take place asap after racing 18.00 – 20.00 The Grill Food Van at the Club
Sunday 20 th August	10.00 launching starts 11.10 Regatta Fleet First Warning Signal Daily prize giving will take place asap after racing

5 RACING AREA

- 5.1 The Regatta Racing Fleet racing area is Ballyholme Bay / Belfast Lough
- 5.2 The Regatta Coaching Fleet area is as per SSI 5.2
- 5.3 More detailed racing area location information will be advised at the fleet briefings and / or prior to launching each day by the Coaching Team.





6 MARKS

6.1 Regatta Racing / Coaching Fleet will use large yellow- coloured inflatable marks, a large green coloured inflatable mark for the pin end and a large red coloured inflatable mark as the finish pin end.

7 OBSTRUCTIONS

7.1 See SI 11.1. In addition, there are Club sailing marks, these are identified as black- and yellow-coloured hard plastic marks sited at NE, NW, SE and SW of Ballyholme Bay. In addition, there are a a number of smaller red sailing marks sited at the NE, NW, SE and N of the bay.

8 THE START

8.1The starting line will be between the main mast displaying an orange flag on the race committee signal vessel at the starboard side end and a green-coloured inflatable mark at the port end of the line.

9 THE FINISH

9.1 The finishing line is between a pole displaying a blue flag on the finishing boat at the starboard end and the course side of the port end red coloured inflatable finishing mark.

10 TIME LIMITS

10.1 The race time limit is 45 minutes

11 HEARING REQUESTS

11.1 Hearing requests shall conform to the requirements of RRS Part 5, Section A, and shall be lodged in writing at the Race Office no later than 90 minutes from the last boat finishing on the day in question. This changes SI 17.2

12 OFFICIAL VESSELS

- 12.1 Official mark/safety vessels are identified with a yellow flag. Jury boats shall be identified with a green flag marked "Jury".
- 12.2 The The Start & Finish Vessel for the Regatta Racing Fleet will be a White Beneteau First 31.7 called "Caesium".





13 [DP] SUPPORT TEAMS:

13.1 Support person vessels shall be identified with a numbered white flag.

14 COURSE

14.1 The course may be either Windward-leeward, triangular, a mix of the two or trapezoid. This changes NOR 4.7.1. The diagrams in Appendix A show the courses, including the approximate angles between legs, the order in which the marks are to be passed and the side on which each mark is to be left.

14.2 The course to be sailed will be indicated on a board displayed on the starboard side of the Committee Vessel. The course will be displayed no later than the preparatory signal of the relevant Class. This changes RRS27.1.

15 SUPPORT BOAT VESSELS

15.1 When afloat, all persons on a support vessel shall always wear a personal floatation device. When the engine is running, the support vessel helm shall use a kill cord at all times.

15.2 Support boat vessels must not be within 100 metres of the race area when racing is ongoing unless "Victor" is displayed, or they are responding to a request from the CSL





Appendix A : Course Diagrams

Trapezoid Course

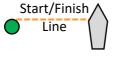
O 1, 2, 3, 4, Finish

Marks 1, 2, 3 and 4 to be left to Port

O M1

M2 🔵

M3 (



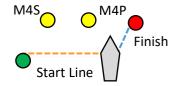
O M4

Windward Leeward Course

L 1, 4S/4P, 1, 4P, Finish

Marks 4P/4S are a Gate
Marks 1 and 4P to be left to Port

O M1



Triangle Course

T 1, 3, 1, 2, Finish

Marks 1, 2 and 3 to be left to Port

O M1

M2 🔵

