



IODAI National Training Week 2024

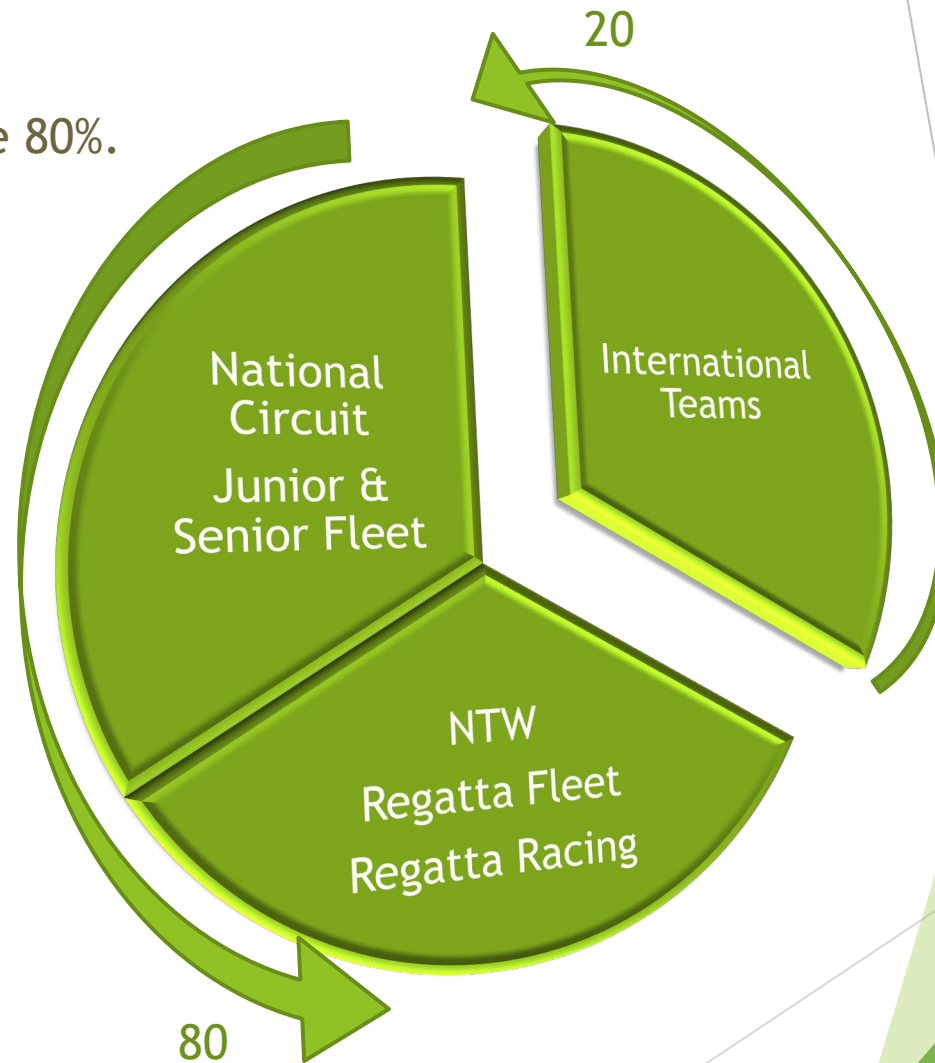


Topics

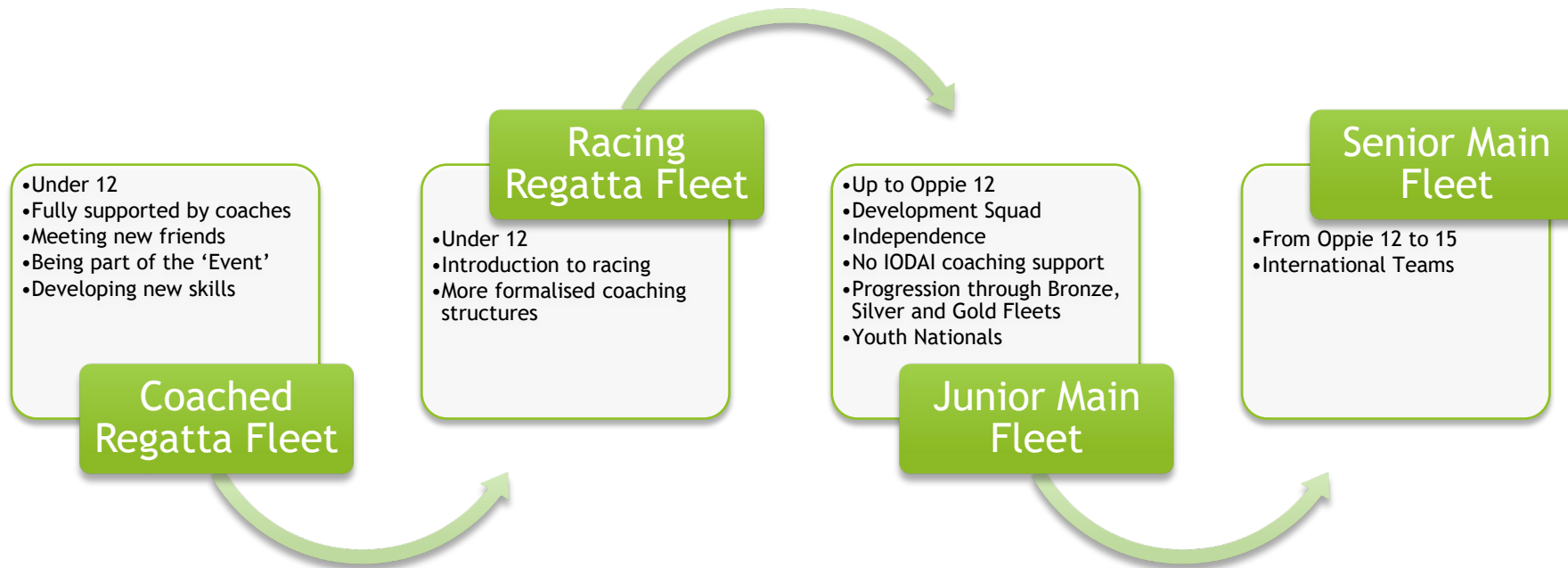
- ▶ IODAI 80/20 philosophy
- ▶ Oppie pathway
- ▶ Youth Nationals - Team Selection
- ▶ 2025 Teams
- ▶ Regional Events for 2025
- ▶ Questions - Open session

IODAI 80:20

- ▶ IODAI focuses nearly all resources on the 80%.
- ▶ Delivering national events for all.
- ▶ Establishing the Bronze Fleet
- ▶ Coaching for developing young fleets.
- ▶ Developing National Training Week.
- ▶ Building an organisation focused on families, sailors and inclusion.
- ▶ YN are a chance to turn the focus towards the 20% of the fleet.



Oppie sailor progression



Youth Nationals - Qualification Process

- ▶ Entry based on previous years effort and results.
- ▶ **Irish Nationals + two best** regional events.
- ▶ Oppie age 12 and up.
- ▶ U12 Team sailors are not required to attend.
- ▶ Criteria posted on IODAI website and qualified sailors list published.
- ▶ Reflected in IS Youth Nationals NOR.
- ▶ Reach out to Class Captains and IODAI direct for guidance and advice.
- ▶ Sailors and families recommended to plan ahead.

2024 Results

(Nationals + 2 x Regionals)

2025 Youth
Nationals

2025 IODAI
Teams

Worlds Team

- ▶ Top 5 sailors (no gender split)
- ▶ Portoroz, Slovenia
- ▶ June 26th to 6th of July
- ▶ Coach
- ▶ Training weekends

Europeans Team

- ▶ Top 7 sailors (max 4 any one gender)
- ▶ Cesme Izmir, Turkey,
- ▶ May 28th to 4th of June



International Development Team

- ▶ Next 7 sailors (max 3 from one gender)
- ▶ Brest, France
- ▶ 13th to 18th of July
- ▶ French Open Nationals ~400 sailors.
- ▶ Coach - TBC
- ▶ Training clinics



Regional Events in 2025

- ▶ Sprint Series
January, February, March
- ▶ Leinsters - National Yacht Club - 17/18 May
- ▶ Ulsters - East Antrim Boat Club - 14/15 June
- ▶ Connaughts - Lough Derg Yacht Club - 19/20 July
- ▶ National Team Racing Champs - Lough Ree Yacht Club
13 August
- ▶ National Champs - Lough Ree Yacht Club 14/17
August
- ▶ Munsters - Kinsale Yacht Club - 13/14 September

Q&A Open Session