

OPTIMIST LEINSTER CHAMPIONSHIPS 2023

AT



SATURDAY 20th and Sunday 21st May 2023

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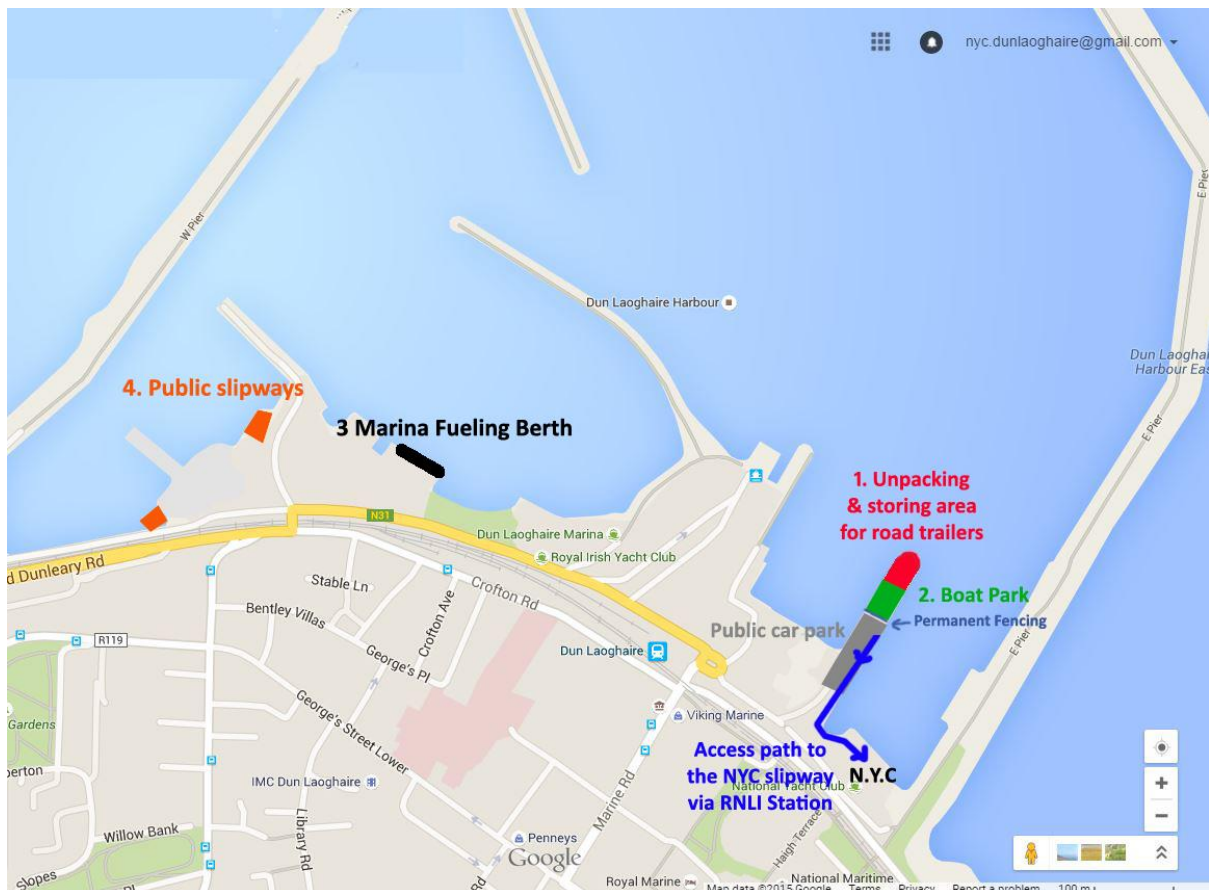
WELCOME to the National Yacht CLUB.

The National Yacht Club extends a warm welcome to all our visitors and hope everyone has an enjoyable time at the Optimist Leinster Championships on Saturday 20th and Sunday 21st May 2023.

Please find below information we hope will be useful for event.

Contact e-mail: sailing@nyc.ie

Contact numbers: Office +353-1-280-5725 Boathouse +353-1- 284-1483



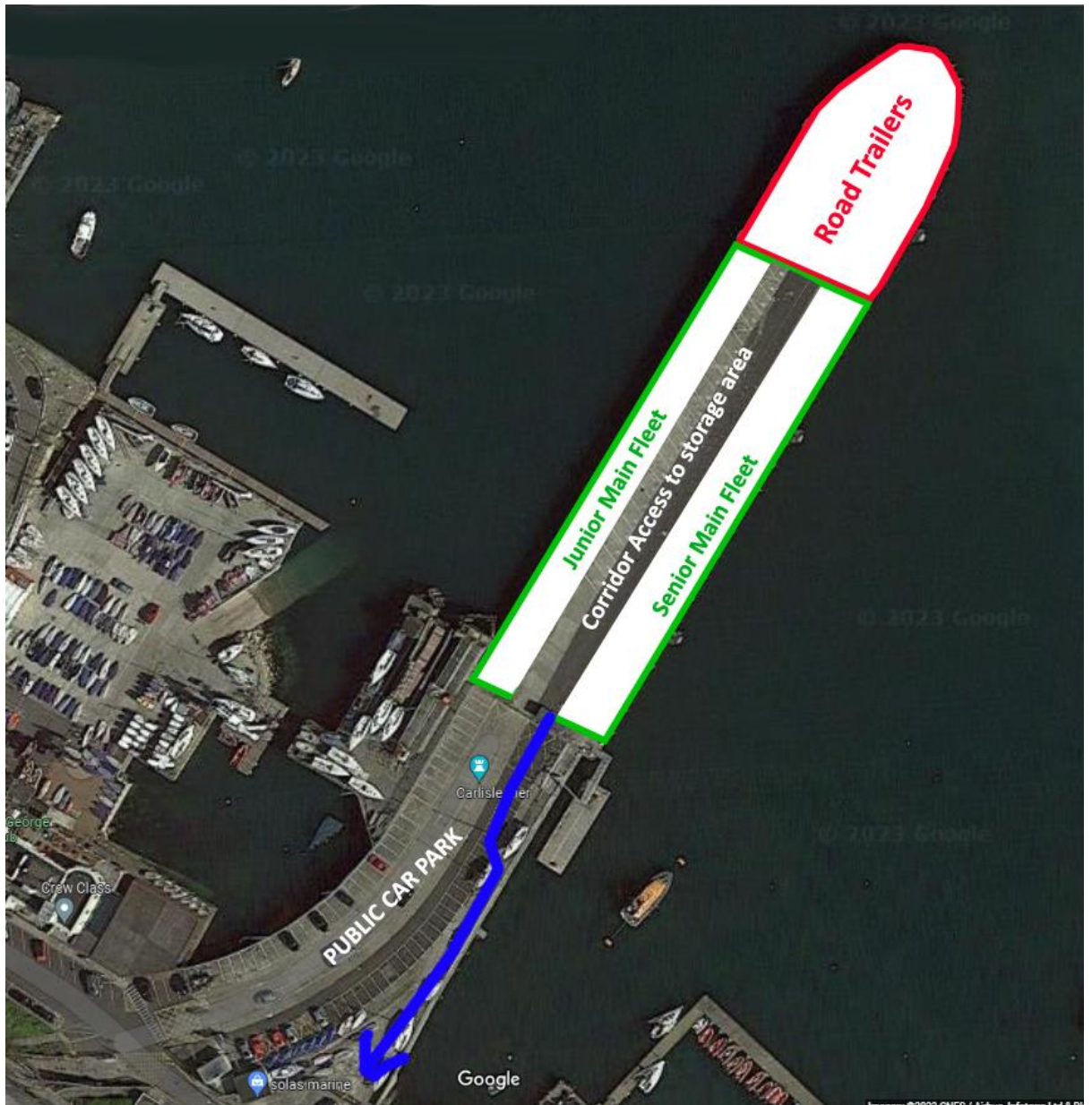
UNPACKING / PACKING AREA (Area 1 in Red)

Arrival: On arrival at the Club, please unload/unhook trailers in the designated area on the Carlisle Pier (Red Area 1 on the map above). This area will be manned by volunteers on Friday 19th until 21:30 and then again from 08:30 on Saturday 20th.

Visiting RIBs must be launched in one of the public slipways on the Western side of the Harbour (in orange on the map) BEFORE bringing their trailers to the storing area in red. **BEWARE** there is an overhead barrier of max 2.2m. So, if you have a large A Frame on your RIB trailer and do not pass underneath, you will have to contact the Harbour Police on 083 1443412 (between 0900 and 1900) for them to open the overhead barrier.

Once unpacked, please wheel your boat to the designated boat park area as per the plan below:

- Senior Main Fleet: will be accommodated in a line on the right hand side of the Carlisle Pier
 - Junior Main Fleet: will be accommodated in a line on the left hand side of the Carlisle Pier
- FOR EVERYONE'S SAFETY, PLEASE MAKE SURE TO MAINTAIN THE ACCESS CORRIDOR TO THE TRAILER STORAGE AREA AT ALL TIMES!!! (2 CARS WIDE)**



Regatta Fleets (Racing and Coaching)

Once unpacked on the Carlisle Pier, please wheel down the boat onto the Club's platform via the RNLI gates and park the boat in the appropriate area as below



Access to the NYC platform through the RNLI gate for the Regatta Fleets on Friday, open until 20:30, on Saturday open from 08:30 to 10:30 am.

Access through the RNLI gates for Senior Main, Junior Main and Regatta Fleet WILL ONLY BE FOR BOATS LAUNCHING AND RECOVERY ON SATURDAY AND SUNDAY

CAR PARKING

There is parking space available on the Carlisle PIER at a cost of €5 per day (This will give you 24 hour coverage) or €2 per hour. Please note that **NO CAR will be allowed to park in the trailer storage area.**

RIB LAUNCHING

Please note that all supporting RIBs should be launched and retrieved from the Coal Harbour public slipways (Area 4 in orange on the map above).

BEWARE there is an overhead barrier of max 2.2m. So, if you have a large A Frame on your RIB trailer and do not pass underneath, you will have to contact the Harbour Police on 083 1443412 (between 0900 and 1900) for them to open the overhead barrier.

RIBs should be registered in the Race Office. RIBs can be berthed on the NYC pontoons. Please follow the boathouse staff instructions. There will be a briefing for coaches / parents RIBs on Saturday 20th at 10:00

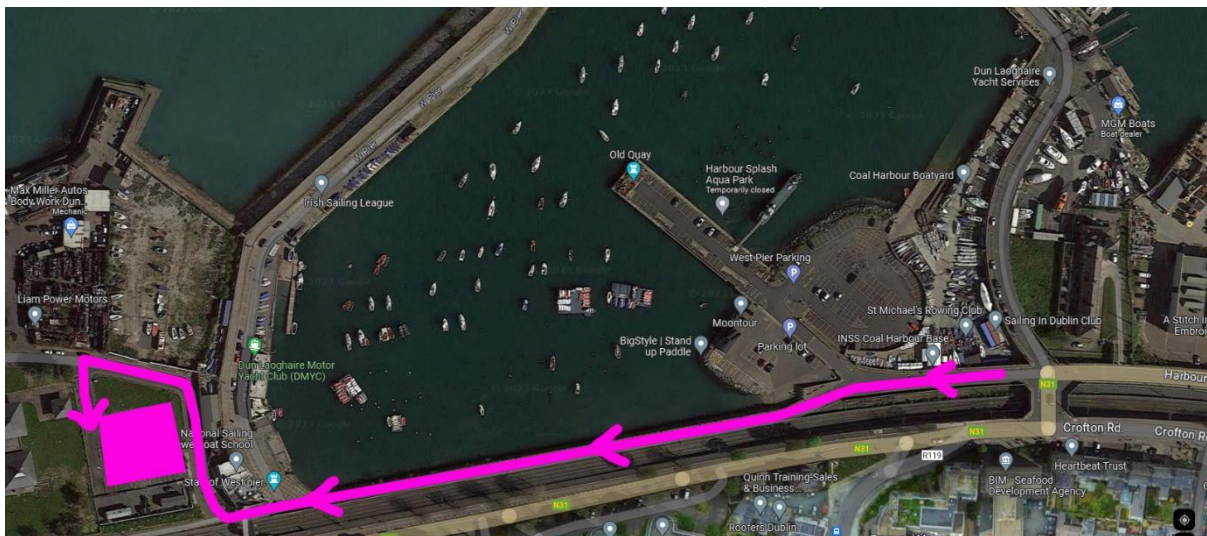
Petrol can be purchased from the Dun Laoghaire Marina fuelling berth by prior appointment (tel: (01) 202 0040 or VHF Ch. 37 or Ch 37a or Ch M1)

RIB owners are reminded to register their RIB at the registration desk on either Friday 19th or Saturday 20th May. RIBs will be identified by flags, as either Safety/Rescue, or Support/Spectator. These identification flags must be flown at all times while in the Race Area.

RIB Trailers After launching RIB, proceed to deliver trailer to the trailer storage area on the Carlisle Pier. (Area 1 in Red).

CAMPING CARS / MOTORHOMES

The designated camper vans overnight staying area is on the West side of the Harbour. However, please be aware that there is no electricity or water there...



The Carlisle Pier is for car parking only and not for Motor Homes – beware that the Harbour Police will clamp Camping Cars parked on the Carlisle Pier.

CATERING:

- Coffees, Brunches, Soup & Sandwiches are available on Saturday and Sunday from 10.00 to 4:30 in the JB Bar downstairs
- Dining is available in the members' bar on Friday Evening and Saturday Evening as well as in the dining room for Sunday Lunch (12:30 to 14:30) – Book with the Catering Manager (Sample Menu in Annex).

EVENT REGISTRATION / BRIEFINGS

For NOR, SIs and SSIs Check Event Website <http://iodai.com/> or www.nyc.ie

CHILD PROTECTION OFFICER: If you have a concern or allegation please contact the National Yacht Club Children's Officer who will respond quickly to your concern or complaint according to our policy and using the guidelines, policies and procedures specified in the ISA Code of Ethics and Good Practice for Children's Activities.

Designated Officer:

Alison Pigot 0868386020

HOTEL / GUEST HOUSE ACCOMMODATION:

Hotels

Royal Marine Hotel Dun Laoghaire, Marine Road Dun Laoghaire.

Tel: +353 1 2300030 <http://www.royalmarine.ie>

Rochestown Lodge Hotel and Spa. Rochestown Avenue DunLaoghaire.

Tel: +353 1 285 3555 <http://www.rochestownlodge.com/>

Haddington House Dun Laoghaire, 9-12 Haddington Terrace Dun Laogherire.

Tel: +353 1 2801810 <http://haddingtonhouse.ie/>

Guest Houses

Ferry House Bed and Breakfast 15 Clarinda Park North Dun Laoghaire
<https://www.bedandbreakfast.eu/bed-and-breakfast/dun-laoghaire/ferry-house-bed-breakfast/644388/>

Mulgrave Lodge 47 Mulgrave Street Dun Laoghaire Tel: +353 1 2801664
<http://www.mulgravelodge.com/en-gb/>

Tara Hall 23 Sandycove Road Dun Laoghaire. Tel: +353 1 2805120 <http://www.tara-hall.ie/>

Brookville House 28 Brookville Park Dun Laoghaire https://www.tripadvisor.ie/Hotel_Review-g10536946-d620754-Reviews-Brookville_Guest_House-Blackrock_County_Dublin.html

Magnificent Monkstown 9 Laurel Bank. Lanesville Dun Laoghaire.
<https://www.bedandbreakfast.eu/bed-and-breakfast/dun-laoghaire/magnificent-monkstown/2052758/>

CAMPSITE: The nearest camping site is **RiverValley Holiday Park** Tel: +353 0404 41647
<http://www.rivervalleypark.ie/>

RETAIL & ENTERTAINMENT FACILITIES: Dun Laoghaire Shopping Centre is within walking distance from the Club.

CASH MACHINE: The nearest cash machine/banks are located in Dun Laoghaire town centre.

AUTOMATED ELECTRONIC DEFIBRILLATOR (AED): Located in the Club adjacent to the Bar

WIFI: available in the Club

DOCTORS: Dun Laoghaire Doctors 1 Lwr. Glenageary Road Lower Tel: +353 1 2307469

Harbour Health Dr. Madeleine McCarthy 1-2 Lower Glenageary Road Tel: +353 1 2802594

Walk In Clinics in Dun Laoghaire: <https://www.goldenpages.ie/walk-in-clinics/dun-laoghaire-dublin-county/>

DOCTORS, OUT OF HOURS:

DL DOC

St. Michael's Hospital, Dún Laoghaire, Co. Dublin. Mon-Fri 6pm-10pm, Sat-Sun 10am-6pm
Tel: (01) 663 9869 Fax: (01) 663 9870

EAST DOC

St. Vincent's Hospital, Elm Park, Dublin 4. Mon-Fri 6pm-10pm, Sat-Sun 10am-6pm
Tel: (01) 221 4021 Fax: (01) 209 4026

PHARMACIES

Chemist Warehouse

Dun Laoghaire Shopping Centre, Unit 220-222, George's Street Upper, Dún Laoghaire, Dublin, A96 Y772

Closes 9 p.m.

Phone: (01) 582 8515

Dun Laoghaire Pharmacy

56 George's Street Upper, Glasthule, Dún Laoghaire, Co. Dublin, A96 YV61

Closes 6 p.m.

Phone: (01) 284 4861