



Youth Nationals & International Teams 2023

IS Youth Nationals & International Teams 2024

Information Session
February 2024

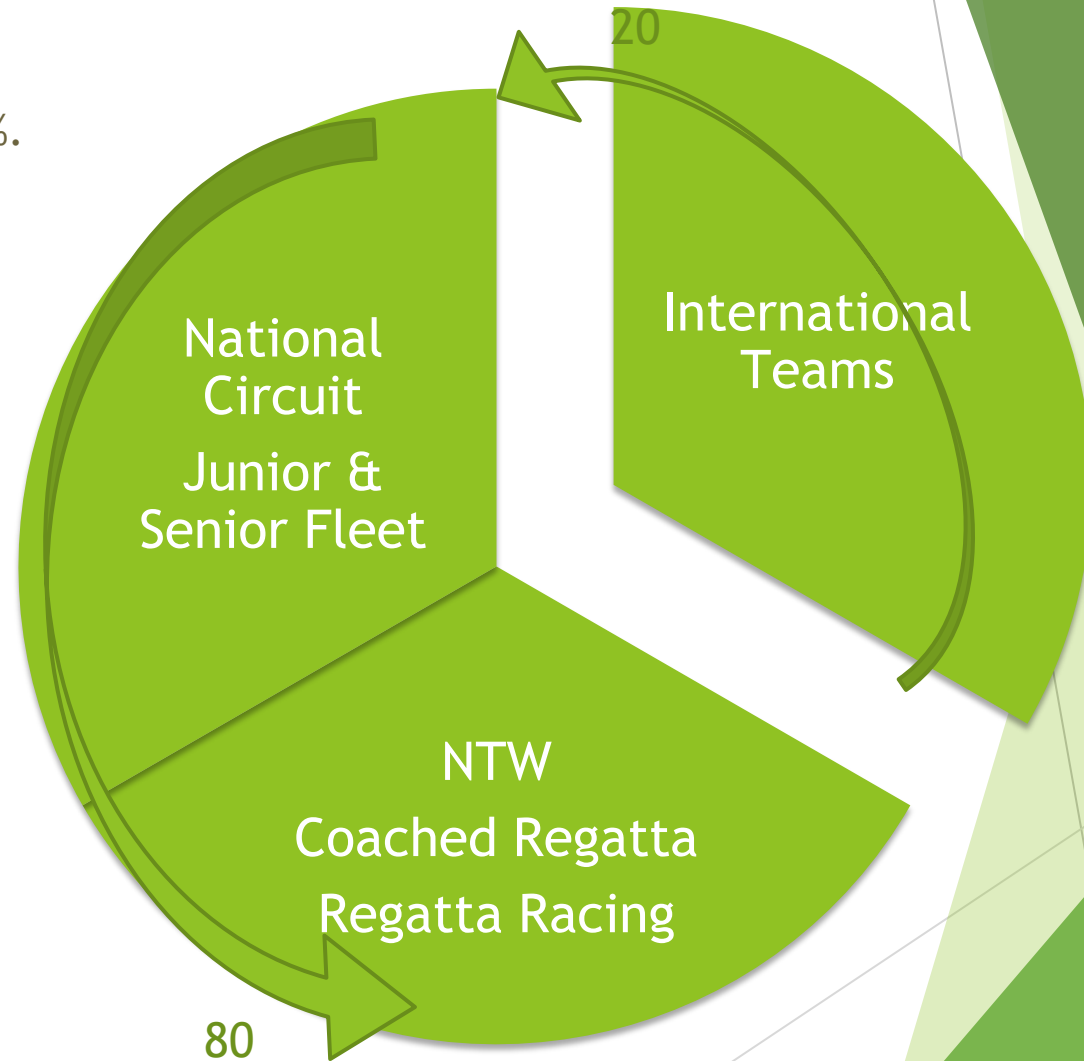


Agenda

- ▶ IODAI 80:20
- ▶ IS Youth Nationals
- ▶ Selection Process
- ▶ Target Entrants
- ▶ Teams Overview (Euro, Euro2 & IDT)
- ▶ Challenges & Opportunities

IODAI 80:20

- ▶ IODAI focuses nearly all resources on the 80%.
- ▶ Delivering national events for all.
- ▶ Establishment of the Bronze Fleet
- ▶ Coaching for developing young fleets.
- ▶ Developing National Training Week.
- ▶ Building an organisation focused on families, sailors and inclusion.
- ▶ YN are a chance to turn the focus towards the 20% of the fleet.



Youth Nationals



- ▶ Premier event for Junior Dinghy Classes.
- ▶ Selection of our International Teams.
- ▶ Oppies aim to engage with the event rather than the selection process.
- ▶ IODAI will rely on IS governance but with close consultation.
- ▶ Benefits:
 - ▶ Improved alignment with IS and other pathway classes (ILCA, 29er, 420 etc)
 - ▶ Benefit from an exposure to other classes in a youth environment
 - ▶ More obviously connect the pathway from Oppies into other classes
 - ▶ Exposure to a high level of competition and race organisation
 - ▶ Sail in challenging conditions at the start of the season

Youth Nationals - Qualification Process

- ▶ Entry based on previous years effort and results.
- ▶ **Irish Nationals + two best** regional events.
- ▶ Oppie age 12 and up.
- ▶ U12 Team sailors are not required to attend.
- ▶ Criteria posted on IODAI website and qualified sailors list published.
- ▶ Reflected in IS Youth Nationals NOR.
- ▶ Reach out to Class Captains and IODAI direct for guidance and advice.
- ▶ Sailors and families recommended to plan ahead.

2023 Results

(Nationals + 2 x Regionals)

2024 Youth
Nationals

2024 IODAI
Teams

Youth Nationals - Target Sailors



- ▶ It is not an event for the whole Irish Optimist class.
- ▶ Sailors will be under pressure to perform as they would at an international event.
- ▶ There is a Measurement process.
- ▶ Sailors are expected to have a high degree of independence.
- ▶ It is best suited to the senior fleet sailors.
- ▶ Not suggested for bronze fleet sailors, or those that have not trained throughout the winter.
- ▶ Likely strong weather conditions at this time of year.
- ▶ There will be no IODAI presence or parents present on the water.
- ▶ Sailors may only be registered with one coach.
- ▶ The Racing Rules & Class Rules will be strictly applied e.g. an outer time limit of **20 mins**



Europeans Team

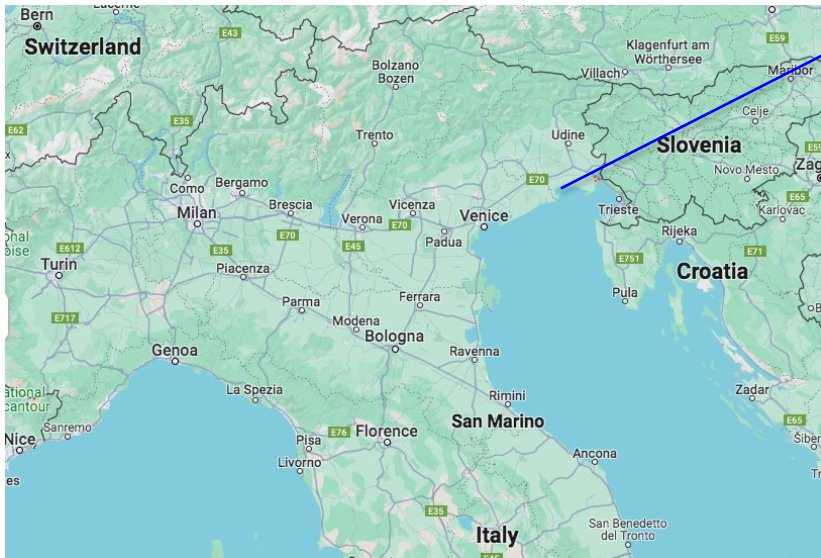
- ▶ Top 7 sailors (max 4 any one gender)
- ▶ Carrara, Italy,
- ▶ June 29th to 6th of July
- ▶ Coach - Søren Laugesen
- ▶ 50+ Nations
- ▶ Training weekends
 - May 4th, 5th & 6th
 - June 1st, 2nd & 3rd
- ▶ Training Days = 6
- ▶ Total Event Travel days = 11
- ▶ Charter - Rib & Optimists
- ▶ IODAI Team Rep Supporting
- ▶ Cost - Circa €4,500



Carrara

OPTIMIST

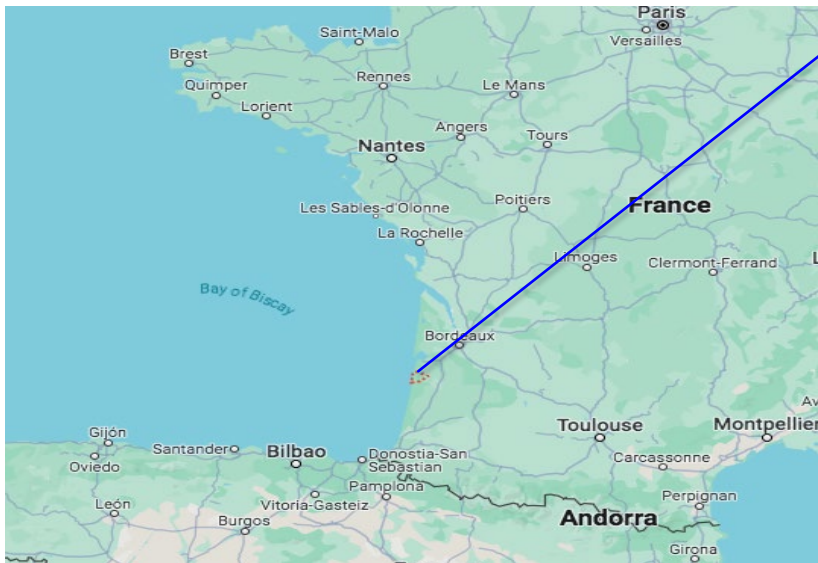
— GOLDCUP —



Manfalcone

Euro2 Team

- ▶ Next 7 sailors (max 5 any one gender)
- ▶ Gold Cup, Manfalcone, Italy
- ▶ 9th to 14th of July
- ▶ Coach - Søren Laugesen
- ▶ ~200+ sailors (Italy, Israel, UAE, Ukraine, Slovenia, Croatia, Turkey etc)
- ▶ Training weekends (Euro & Euro2)
 - May 4th, 5th & 6th
 - June 1st, 2nd & 3rd
- ▶ Training Days = 6
- ▶ Total Event Travel Days = 7
- ▶ Charter - Rib & Optimists
- ▶ IODAI Team Rep Supporting
- ▶ Cost - Circa €3,750



Biscarrosse

International Development Team

- ▶ Next 8 sailors (max 5 from one gender)
- ▶ Biscarrosse, France
- ▶ 11th to 19th of July
- ▶ French Open Nationals ~400 sailors.
- ▶ Coach - TBC
- ▶ Training clinic
 - June 26th , 27th & 28th
- ▶ Training Day = 3
- ▶ Total Event Travel Days = 8
- ▶ Charter - Rib & Optimists
- ▶ IODAI Team Rep(s) Supporting
- ▶ Cost - Circa €3,500

Challenges & Opportunities

Challenges:

- Racing is at a really high level.
- Sailors are in it to win and international competition is very serious.
- Events can have 300 / 400 + sailors.
- Mental toughness and resilience skills may be tested.
- Sailors need a high degree of self awareness, life skills and independence.
- Costs are significant.

Opportunities:

- Learning with top level international coaches and sailing with peer sailors.
- Enjoy a memorable and successful trip / adventure that enhances sailing skills.
- Gain experience & competence in competing in international events.
- Develop independence and resilience in a safe, controlled environment.
- Build lasting friendships with their fellow teammates and competitors.
- Experience competing in a high quality, high standard international sailing environment.
- Provides a learning experience, as well as a sailing experience.

Q&A

Further enquiries: teams@iodai.com