



Lough Ree Yacht Club
(Founded 1770)



SUPPLEMENTARY SAILING INSTRUCTIONS
MAIN FLEET
IODAI OPTIMIST CONNAUGHT CHAMPIONSHIPS
Saturday 16th & Sunday 17th September 2023

Organising Authority: Lough Ree Yacht Club (LRYC) in association with the International Optimist Dinghy Association of Ireland (IODAI)

1. Rules

- 1.0 These Supplementary Sailing Instructions (SSIs) are to be read in conjunction with the current (latest revision) IODAI Major Event Instructions 2023 (MEI's). If there is a conflict between the Notice of Race, Major Event Instructions 2023 and these Supplementary Sailing Instructions, the Supplementary Sailing Instructions shall prevail.

2. Notices to Competitors

- 2.0 Notices to competitors shall be posted on the IODAI WhatsApp groups.
- 2.1 Competitors briefing for **Main Fleet** sailors will be held at **10:00am** on Saturday morning on the front Lawn outside the Club House of LRYC.
- 2.2 A briefing for support boat crews will be held at 9:30 and rescue boat briefing at 9:00 on the front Lawn outside the Club House of LRYC.

3. Signals made ashore

- 3.1 Signals made ashore will be displayed on the flagpole in front of LRYC Club House.

4. Schedule of Races

15 th September	17:30-20:00 Registration
16 th September	8:30-9:30 Registration
16 th September	10:00 Main Fleet Briefing,
16 th September	3 possibly 4 races back to back. First warning signal 11:55
17 th September	3 possibly 4 races back to back. First warning signal 10:55

5. Racing area

On Lough Ree, in the vicinity north of Lough Ree Yacht Club, more specific details will be provided at the briefing on Saturday morning, the 16th September.

6. Marks and Committee Boats

6.1 Marks will be as follows: Mark 1 will be large Orange Pyramidal mark . Marks 2 ,3a, 3b, 4a and 4b will be yellow inflatable marks.

6.2 Start line pin end – boat with red and white pole or black ball-type mark
Finish line pin end – black ball-type mark
Start Boat – 9m sailing cruiser “Tom Dennehy” displaying orange flag
Finishing Boat – Yacht “Philos”

7. The Start

7.1 The Starting line shall be between the start line pin end and the mizzen mast of the start boat.

8. The Finish

- 8.1 The finishing line, except where the race is shortened, shall be between mast on the finish boat and a black buoy. The finishing boat shall display a blue flag. Unless the race is shortened, the finishing boat shall display a blue flag when on station to finish a race.

9. Protests and Requests for Redress

- 9.1 Protests / requests for redress shall be lodged via IODAI.com on the Connaught Championship page. The protest time limit shall be 30 minutes after all boats have tallied in or after the Race Committee has accounted for any boats not tallied already.
- 9.2 Protests will be heard in the Committee room at LRYC.

10 Official Boats

18.1 Mark laying and rescue boats may be identified with Pink flags. Jury boats shall display a yellow flag. Support boats and mother ships shall display a white Flag.

11 Safety

- 11.1 The tally board shall be located between LRYC slipway and the designated Fleet holding pens.

12. Support Boats

- 12.1 Support boats are asked to keep a listening radio watch on VHF Ch. 72.
- 12.2 When afloat, all persons on a support vessel shall always wear an appropriately sized personal floatation device. When the engine is running, the support vessel helm shall use a kill cord at all times. The kill cord must be in good operational condition and must not be attached to the engine key.
- 12.3 Support boat vessels must not be within 100 meters of the race area and also must adhere to a zero wake policy when racing is ongoing.

13. Time Limits

- 13.1 The Race Committee may signal that a race has been abandoned for divisions and fleets by displaying flag N and *either the class flag or* a numeral pennant as set out in SI 7.5.

14. Flags

- 14.1 Code flag 0 (zero) will be replaced with Code Flag Q.

15. Prizes

15.1 Prizes will be awarded to the fleet at the discretion of the organizing committee. Please note that perpetual trophies may not be removed from Ireland.