



NOTICE OF RACE
2016 OPTIMIST REGIONAL CHAMPIONSHIPS
Leinsters RSGYC, Dun Laoghaire May 14&15
Connachts FYC, Foynes June 11& 12
Ulsters MYC, Malahide July 2&3
Munsters RCYC, Crosshaven September 10&11

The Organising Authority is the host sailing club in conjunction with the International Optimist Dinghy Association of Ireland (IODAI).

1. Rules

- 1.1. The Championship will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2. Irish Sailing Association prescriptions will apply.
- 1.3. I.O.D.A Class Rules will apply.

2. Advertising

- 2.1. Advertising will be restricted to Category A.
- 2.2. All Competitors' Boats may be required to display a Sponsor's logo as instructed. If required, the Logo will be available at registration.

3. Eligibility and Entry

- 3.1. Competitors must be members of IODAI or their National Optimist Association.
- 3.2. Entry is open to all sailors who are under 15 on the 1st January in the year of the championship.
- 3.3. The entry fee for all sailors (Main Fleet and Regatta) is €60 and must be paid when registering at www.iodai.com.
- 3.4. The closing date for entries is the Sunday 2 weeks prior to the event.
- 3.5. A completed declaration of the Parent/Guardian Consent Form shall be submitted at registration.

4. Event Description and Venue

- 4.1. The event will comprise two fleets, a main fleet which will compete for the Junior and Senior Championship and a Regatta Fleet which will combine coaching and racing.

4.2. The venue is the corresponding host sailing club in the title of page 1 of this NOR

5. Main Fleet Divisions

5.1. Senior and Junior Divisions

Boats will be divided into two divisions with separate starts as follows:

- Junior Division: Sailors under 12 on the 1st of January in the year of the regatta.
- Senior Division: Sailors over 12 but under 15 on 1st of January in the year of the regatta

5.2 Gold and Silver Fleets

Within each division there will be a further split into Gold and Silver Fleets according to the current national rankings as posted on the IODAI website at www.iodai.com. Gold and Silver fleets shall have a single start within their division.

5.3 Identification Ribbons

Each boat may be required to display a ribbon from their sail sprit loop. If required the appropriately coloured ribbon will be provided at registration as follows:

Division / Fleet	Colour
Senior / Gold	Blue
Senior / Silver	Pink
Junior / Gold	Red
Junior / Silver	Green

6. Schedule

6.1

Friday eve of event	1800-2000 Registration
Event day 1	1000-1130 Registration
Event day 1	1100 Competitors Briefing
Event day 1	3 races back to back
Event day 2	3 races back to back

6.2 The time of the first warning signal on Event day 1 will be 1225. The time for the first warning signal on Event day 2 will be 1025.

6.3 The racing schedule will be as above however the Race Officer may, at his discretion, get one race ahead of schedule but shall not sail more than 4 races on any one day.

6.4 Each day succeeding races will be started as soon as practicable following the finish of the previous race.

6.5 The championship will consist of a maximum of 6 races.

6.6 Three races shall constitute a series.

6.7 No race shall be started after 1500 on the last day of the regatta. However a race, that would have started prior to 1500 if not for a general recall, may be re started after 1500.

7. Registration / Measurement Validation

Competitors are required to have spars, foils and sails measured by a qualified measurer.

8. Scoring

8.1 When four or less races have been completed, a boat's series score will be the total of her race scores.

8.2 When five or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

9. Penalty Systems

RRS Appendix P will apply.

10. Sailing Instructions & Briefing

10.1 The Major Event sailing instructions will apply and are available on the IODAI website.

10.2 Supplementary Sailing Instructions will be available at registration.

10.3 There will be a briefing for competitors at 1100 on Event day 1.

10.4 A Regatta fleet briefing will be held separately at 1130 on Event day 1.

11. Safety Check

A list of the mandatory equipment required and the process to be adhered to is posted on the IODAI website under Safety Check List. It is the responsibility of each Parent/Guardian to ensure each sailor is in compliance with this Safety Check List.

12. Support boats

12.1 Support boats must register with the organising committee, and declare each competitor they are supporting.

12.2 Support Boats may be called upon by the Race committee and or the Safety Officer to assist with rescue operations.

12.3 There will be a briefing for support boat skippers at 1145 on Saturday 6th June.

13. Risk statement

Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or to continue to race is hers alone".

Sailing by its nature is an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor, and their parents/guardians, agree and acknowledges that:

(a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their boat to such inherent risk whilst taking part in the event;

(b) They are responsible for the safety of themselves, their boat and their other property whether afloat or ashore;

(c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;

(d) Their boat is in good order, equipped to sail in the event and they are fit to participate;

(e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities.

(f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions as can be practically provided in the circumstances.

13.1 INSPECTIONS

The fact that the race committee conducts inspections of a boat does not reduce the responsibilities of each competitor set out in this Notice of Race.

14. Insurance

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of €1,500,000 or the equivalent per event.

15. Regatta Fleet Competency

All Regatta Fleet sailors must be competent and capable of sailing a triangular course (with approximately 250m legs) in light to moderate winds.

16. Trolleys

16.1 All trolleys must be in full working order and marked with a current sail number.

16.2 Old trolley tags must be removed; new trolley tags will be issued at Registration.

17 Catering

17.1 All competitors are to bring their own packed lunch each day in a waterproof lunch bag, or suitable plastic container, clearly marked with their sail number.

17.2 A small meal will be provided for all sailors after sailing each day.

18 Photography Consent

By entering the Championship competitors accept that they may be photographed and/or videotaped participating in the race and/or using the Championship facilities and they consent to the taking of such images and to the use, reuse, publication and republication of such images in any media, in conjunction with the competitors name or not, without compensation and without the competitors approval of such images or any use thereof.