

International Optimist Dinghy Association of Ireland

MAJOR EVENT SAILING INSTRUCTIONS

These major event instructions are common to the Selection Trials, The National Championship, Regional Championship and the Crosbie Cup. Supplementary Sailing Instructions, pertaining to each individual venue, will be available at Registration.

ABBREVIATIONS:

In these sailing instructions the following abbreviations will be used:

SP: Rules for which a standard penalty may be applied by the race committee without a hearing or a discretionary penalty applied by the protest committee following a hearing. This changes RRS 63.1 and A5.

DP: Rules for which the penalties are at the discretion of the protest committee and may be less than disqualification. This changes RRS 64.1.

NP: Rules that are not ground for protest by a boat. This changes RRS 60.1 (a)

1. ORGANISING AUTHORITY

- 1.1. The Organising Authority (OA) is the host Club in conjunction with the International Optimist Dinghy Association of Ireland (IODAI)

2. RULES

- 2.1. The Regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 2.2. The prescriptions of Irish Sailing will apply.
- 2.3. The class rules of the International Optimist Dinghy Association will apply.
- 2.4. When a sailing instruction changes a rule, the rule will be refereed to specifically, stating the change in the instruction.

3. NOTICES TO COMPETITORS

- 3.1. Notices to competitors will be posted on the Official Notice Board. The location will be described in the Supplementary Sailing Instructions.

4. CHANGES TO SAILING INSTRUCTIONS

- 4.1. Any change to the Sailing Instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1. Signals made ashore will be displayed on the flagpole. The location will be described in the Supplementary Sailing Instructions.
- 5.2. When flag AP is flown ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.
- 5.3. Flag D with one sound means 'The warning signal will not be made less than 60 minutes after Flag D is displayed. Boats shall not go afloat until flag D is displayed. [NP][DP]

6. SCHEDULE OF RACES

- 6.1. See the Notice of Race. The Supplementary Sailing Instructions may change the Schedule.
- 6.2. To alert boats that a race or sequence of races will begin soon, the orange starting line flag may be

displayed with one sound signal at least five minutes before the first warning signal is made.

6.3. On the last scheduled day of racing no warning signal for any fleet will be made after 1500.

7. CLASS DIVISIONS AND FLEETS

7.1. Selection Trials and Crosbie Cup – all eligible sailors will have a single start.

7.2. At National and Regional Championships boats will be divided into two divisions: Senior and Junior

7.2.1. Senior Division: Sailors aged twelve to fourteen on 1st January of the year of the regatta.

7.2.2. Junior Division: Sailors aged under twelve on 1st January of the year of the regatta.

7.2.3. Gold and Silver Fleets

Within each division there will be a further split into Gold and Silver Fleets Boats will be assigned to a fleet based on the criteria and rules of management for Gold and Silver fleet qualifications. IODAI Gold and Silver fleet rules are available on the IODAI website at www.iodai.com. Gold and Silver fleets shall have a single start within their division.

7.2.4. All boats shall display fleet identification ribbons provided at registration.

7.3. Separate Sailing Instructions will be available when there is a Regatta Fleet.

8. CLASS FLAGS AND RIBBONS

8.1. Division and fleet flag designations:

Division	Fleet	Class Flag	Ribbon	Abandonment N + Pennant
Senior	Gold	O	Blue	4
Senior	Silver	O	Pink	2
Junior	Gold	J	Red	3
Junior	Silver	J	Green	1

9. RACING AREAS

9.1. See the Supplementary Sailing Instructions.

10. THE COURSES

10.1. The diagrams in Attachment A show the courses, including the approximate angles between legs, the order in which marks are to be passed and the side on which each mark is to be left.

11. MARKS

11.1. Marks will be described in the Supplementary Sailing Instructions.

12. AREAS THAT ARE OBSTRUCTIONS (DP)

12.1. If possible, boats shall avoid official vessels.

12.2. Areas that are obstructions will be described in the Supplementary Sailing Instructions. Boats shall not enter areas designated as obstructions.

13. THE START

13.1. The starting line will be as described in the Supplementary Sailing Instructions.

13.2. A boat that does not start within 4 minutes after her starting signal will be scored 'Did Not Start' without a hearing. This changes RRS A4 and A5.

13.3. At National and Regional Championships, the Junior Division will be the first class to start.

No less than 5 minutes before the warning signal, the race committee may change the starting order of races by the display of Flag F accompanied by repeated sound signals.

When Flag F is displayed:

- the Senior Division shall be the first Division to start, and shall sail the outer loop course (Marks: 1,2,3A/3B,2,3B, Finish);
- the Junior Division shall sail the inner loop course (Marks:1,4A/4B,1,2,3B, Finish).

13.4. The Race Committee shall lay marks to designate a holding line to leeward of the start line. Boats not yet scheduled to start shall remain to leeward of the holding line and its extensions from the time of the first Warning Signal of the first scheduled fleet until the fleet preceding the boat's scheduled start has started and cleared the line [NP][DP]

14. CHANGE OF THE NEXT LEG OF THE COURSE

14.1. To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

14.2. Except at a gate, boats shall pass between the race committee vessel signaling the change of the next leg and the nearby mark, leaving the mark to port and the race committee vessel to starboard. This changes RRS 28.

15. THE FINISH

15.1. The Finishing Line will be as described in the Supplementary Sailing Instructions

15.2. When one or more boat has sailed the course and finished the Race Committee may apply an alternative finishing procedure. A Race Committee vessel displaying flag W may notify a boat still racing that she has been scored in a finishing place corresponding to her position on the water. The boat, once notified, shall retire and return to the starting area, if further races are scheduled, or return ashore. The boat will be scored in the finishing place as recorded by the Race Committee vessel. This changes rule A4.2. [NP]

16. PENALTY SYSTEM

16.1. RRS Appendix P will apply as changed by SI 16.2.

16.2. RRS P2.3 will not apply and RRS P2.2 is changed so that it will apply to any penalty after the first one.

16.3. RRS ISA Appendix T will apply.

If a party is not present at an arbitration meeting, any party that was present may take a Post-Race Penalty at any time until the Protest Committee has completed taking evidence. This changes RRS T1 (a).

16.4. A boat that has taken a penalty or retired under RRS 44.1 shall complete an acknowledgement form at the Race office within the protest time limit. [NP][DP]

17. TIME LIMITS [NP]

17.1. Race Time limit is 80 minutes

17.2. Trials only: Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

18. ABANDONMENT [NP]

18.1. The Race Committee may signal that a race has been abandoned for divisions and fleets by displaying flag N and a numeral pennant See SI 8.1:

18.1.1. Junior Division, Silver Fleet Numeral 1

18.1.2. Senior Division, Silver Fleet Numeral 2

18.1.3. Junior Division, Gold Fleet Numeral 3

18.1.4. Senior Division, Gold Fleet Numeral 4

19. PROTESTS AND REQUESTS FOR REDRESS

19.1. Boats intending to protest or request redress, for an incident on the race course, shall inform the Race Committee finishing vessel at the finish line upon finishing the race, and receive acknowledgement, or if they do not finish, inform either a Jury vessel or a safety vessel as soon as practicable after they retire. This changes RRS 61.1.

- 19.2. Protests forms are available at the race office. Protests and requests for redress or reopening shall be delivered there within the protest time limit.
- 19.3. The protest time limit shall be 30 minutes after all boats have tallied in or after the Race Committee has accounted for any boats not tallied in.
- 19.4. Notices will be posted, no later than 15 minutes after the protest time limit, to inform competitors of hearings in which they are parties or named as witnesses.–Arbitration meetings and protest hearings may begin without a notice and within the protest time limit with the agreement of all parties. Hearings will be held in the protest room described in the Supplementary Sailing Instructions.
- 19.5. Notices informing boats of any intention to protest by the race committee, technical committee or protest committee will be posted as required by RRS 61.1(b).
- 19.6. A list of boats that under SI 16.1 have been penalised for breaking RRS 42 will be posted.
- 19.7. On the last scheduled day of racing a request based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

20. SCORING

- 20.1. To request correction of an alleged error in posted race or series results, a boat shall complete a scoring enquiry form available at the Race Office.
- 20.2. The number of races to constitute a series and the number of worst scores to be excluded will be described in the Notice of Race. This may be changed in the Supplementary Sailing Instructions.

21. SAFETY REGULATIONS [NP][SP][DP]

- 21.1. Each Competitor shall wear a personal flotation device of at least CE50 Newtons standard, or equivalent, at all times when afloat except briefly while changing or adjusting clothing or personal equipment. This changes rule 40. Flag Y will not be displayed.
- 21.2. Boats and competitors shall comply with all reasonable instructions from safety boat crew.
- 21.3. A boat that retires from racing shall notify a safety boat before leaving the race area, or if that is not possible, shall notify the race office as soon as possible after returning ashore.
- 21.4. Boats wishing to leave their race course area before the end of the day's racing shall not do so unless authorised by a safety boat. The safety boat will instruct boats in the procedure for returning ashore.
4. Boats not intending to race shall inform the Race Office as soon as possible.

Tallying out and in.

5. Boats will be attributed a tally number at registration.
6. Each competitor shall, in person, tally out with the correct tally number before launching.
7. A boat intending to launch after the warning signal of the first race of that day shall report to the Race Office and comply with any instructions given.
8. Each competitor shall, in person, tally in using the correct tally number within 10 minutes after the last boat in her Division (or fleet if fleets are racing separately) is ashore.
9. A boat that does not tally out according to SI 21.6 will receive a Standard Penalty for the first race of the day.

A boat that does not tally in according to SI 21.7 will receive a Standard Penalty for the last race of the day.

The Standard Penalty for tallying shall be 5 points for the first infringement of the series, 10 points for the second and 20 for the third and subsequent infringements.

10. When ashore boats shall be kept in their assigned berth.

22. REPLACEMENT OF CREW OR EQUIPMENT

- 22.1. Substitution of competitors will not be allowed without prior written approval of the race committee. [DP]
- 22.2. Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity. [DP]

23. EQUIPMENT AND MEASUREMENT CHECKS

- 23.1. A boat or its equipment may be inspected at any time for compliance with the Class rules and Sailing Instructions.
- 23.2. On the water, a boat can be instructed by a Technical Committee member to proceed immediately to a designated area for inspection.

24. EVENT ADVERTISING [DP]

- 24.1. If required, boats shall display event advertising, supplied by the organising authority, on hull and or sail. Some competitors may be required to wear race bibs.

25. OFFICIAL VESSELS

- 25.1. Official vessels will be identified as described on the official notice board.

26. SUPPORT VESSELS [DP] [NP]

- 26.1. Support vessels shall not enter within 100 metres of areas where boats are or will be racing from the time the orange flag is displayed until all boats of all fleets in that race have finished or the Race Committee signal a postponement or abandonment.

(a) When a holding line has been laid (see SI 13.3.1) support vessels shall remain to leeward of that line and its extensions 100 metres each side of the holding line marks from the first warning signal of a race until all fleets in that race have started, or all fleets have been postponed or abandoned.

(b) To observe a race, support vessels may move from leeward to windward on the port side of the course area, leaving the course area at least 100 metres to starboard.

(c) Support vessels may, after the last start of a race, move directly between the waiting and the finishing areas.

(d) When a race committee or jury vessel orders a support vessel to move further from the course area, she shall do so immediately.

2. If the protest committee finds that a support vessel has infringed SI 24.1 or NOR 15 boats associated with the infringing support vessel may be penalized in one or more races. This changes rule 63.1

3. Competitors shall not approach any vessel other than an official vessel or a registered support vessel from their first warning signal of the day until they finish their last race for the day or the Race Committee signals no more racing today, whichever is later.

4. Search and Rescue Instructions: When the race committee displays flag V with one sound, all official and support vessels shall monitor the VHF channel designated by the race committee, and shall follow all race committee instructions. In the absence of any other instructions official and support vessels will implement the Event Safety Plan.

27. TRASH DISPOSAL [DP]

- 27.1. Trash may be placed aboard support and race committee vessels.

28. RADIO COMMUNICATION

- 28.1. Except in an emergency, a boat that is racing shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. [DP]

29. PRIZES

- 29.1. Prizes may be awarded at the discretion of the organising authority.

30. RISK STATEMENT

- 30.1. Rule 4 of the Racing Rules of Sailing states: "The responsibility for a boat's decision to participate in a race or continue racing is hers alone."

Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event each competitor agrees and acknowledges that:

(a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;

(b) They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;

- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omission;
- (d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organisers does not relieve them of their own responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- (g) The fact that race officials may conduct inspections of a boat does not reduce the responsibilities of each competitor set out in these Sailing Instructions.

31. INSURANCE

- 31.1. Each participating boat and support vessel shall be insured with adequate valid third-party liability insurance.

32. DATA PROTECTION AND IMAGE RIGHTS

- 32.1. At registration competitors will be requested to complete a form giving permission to the Organising Authority to collect and use data about the competitor for the purpose of organising this Championship. The Organising Authority has adopted a Data Protection Policy for the Championship which be displayed at Registration.
- 32.2 By entering the Championship competitors and support persons accept that the Organising Authority may arrange for images or videos to be taken at the event both on the water and on shore. Competitors and support persons will be requested to complete a form giving consent to the taking of such images and to the use, reuse, publication and republication of such images in any media, in conjunction with the competitors name or not, without compensation and without the competitors approval of such images or any use thereof. The images may only be used for the promotion of the event, of the organising authority or of IODAI.

ATTACHMENT A – Courses

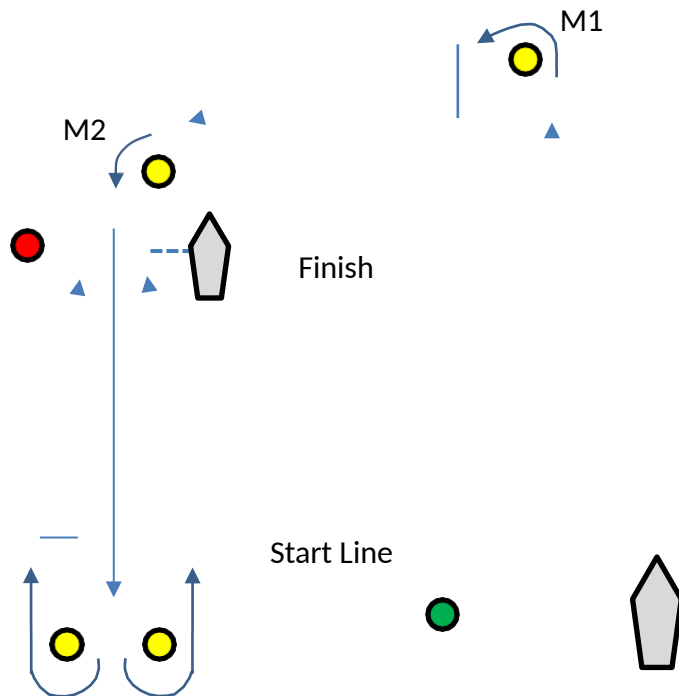
SELECTION TRIALS & CROSBIE CUP

All marks are to be rounded to Port with the exception of the leeward gate at 3S/3P. Boats shall sail between the gate marks from the direction of the previous mark and round either mark

Course: 1, 2, 3P/3S, Finish

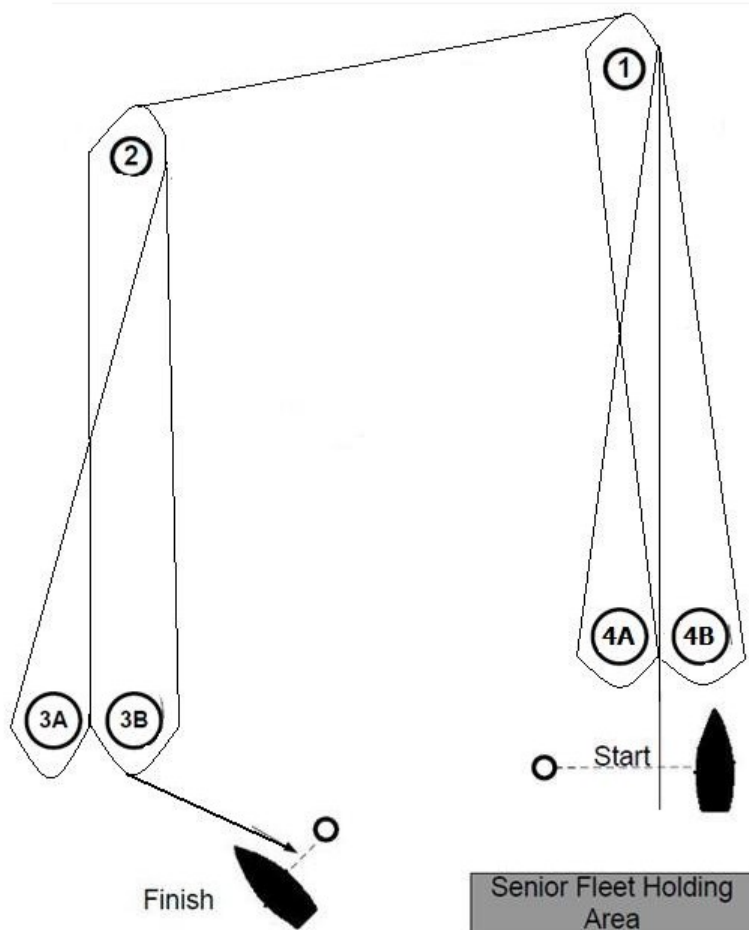
Marks 1 and 2 to be left to Port

Marks 3P/3S are a Gate



NATIONAL & REGIONAL CHAMPIONSHIPS

All marks are to be rounded to Port with the exception of the leeward gates at 3A/3B and 4A/4B. Boats shall sail between the gate marks from the direction of the previous mark and round either mark



Marks 1 and 2 to be left to Port
Marks 3A/3B and 4A/4B are a Gate

Junior Fleet Course

Mark 1, 2, 3a or 3b, 2, 3b, finish

Senior Fleet Course

Mark 1, 4a or 4b, 1, 2, 3b, finish