





OPPORTUNITY TO JOIN AN IODAI TRAINING SQUAD





TO DEVELOP AND SUPPORT OPTIMIST SAILORS HAVING RECENTLY PROGRESSED INTO THE IODAI MAIN FLEET

PROGRAMME

- IODAI NATIONAL TRAINING WEEK COACHING
 WITH TOP COACH ADAM D'ARCY IN MAI AHIDE YACHT CLUB
- Spring Training Weekend in Lough Ree Yacht Club
- FOCUSED TWO DAY PRE-NATIONAL CHAMPIONSHIP
 COACHING IN DUN LAOGHAIRE
 - TROPHY AT END OF SEASON
 - Team Jacket
- TEAM FOLDER
- €150 PER SAILOR €50 AT TRAINING WEEK WITH
- BALANCE ON RECEIPT OF TEAM JACKET



IODAI CONTINUES ITS COMMITMENT TO TRAINING AND DEVELOPMENT WITHIN THE FLEET



THE DEVELOPMENT SQUAD PROGRAMME IS DESIGNED FOR OUR CURRENT SILVER AND BRONZE JUNIOR FLEET SAILORS AS WELL AS THOSE TRANSITIONING FROM THE REGATTA FLEET

THE CRITERIA FOR APPLICATIONS ARE AS FOLLOWS:-

- 1. SQUAD CONSISTING OF 12 SAILORS
- 2. PRIORITY WILL BE GIVEN TO JUNIOR FLEET SILVER AND BRONZE FLEET SAILORS (BASED ON 2021 RANKING) BUT TRANSITIONING REGATTA FLEET SAILORS ARE ENCOURAGED TO APPLY TOO
- 3. RANKING BELOW TOP 12 "U12 SQUAD"
- 4. Participated in 2021;
 - NATIONAL CHAMPIONSHIPS
 - 2 x Junior main regionals
- 5. PARTICIPATION AT THE NATIONAL TRAINING WEEK REQUIRED *(SEPARATE COST)
- 6. COMMITMENT TO ENTIRE PROGRAMME
- 7. ADDITIONAL WILD CARDS AT DISCRETION OF IODAI COACH (BASED ON SAILORS' SUITABILITY AND ABILITY TO KEEP UP WITH THE CURRENT SELECTED PARTICIPANTS.)





DETAILS REQUIRED

| Sailor name | |
|---|--------------|
| DOB | DD/MM/YYYY |
| Sail No. | IRL xxxx |
| Ranking 2021 | |
| Nationals Result | |
| No. of regionals completed (Junior Fleet) | 1. X 2. X |
| Why would you like to join. | |
| Parents Mobile No. | |
| Parents Name | |
| Parents Email address | |







SUBMIT EXPRESSIONS OF INTEREST TO <u>HONSEC@IODAI.COM</u>
BY SUNDAY 17TH OCTOBER 2021, 18.00