



Outline and Timetable

Tuesday		
15.00		Welcome visiting boats and sailors Trailers to Pope John Paul's School Car Park
17.30		Coaches meeting and preparation
17.00-19.30		Event Registration
Wednesday		
09:00-10:30		Event registration
9.00		Launch Rescue boats
9.30		Coaches Briefings - Rescue, Safety and by Head Coach
10.30		Sailors Briefing
10.30		Distribute food for sailors and coaches
11.00		Coaching
13.00		Lunch, Soup
14.00		Coaching
16.00		Pathfinder Sessions
17.00		Finish
Thursday		
8.00		BM Clubhouse open
		Launch all rescue boats
9.30		Coaches Briefings - Rescue, Safety and by Head Coach
10.00		Sailors Briefing
10.00		Distribute food for sailors and coaches
10.30		Coaching
13.00		Lunch, Soup
14.00		Coaching
16.00		Pathfinder Sessions

	17.00		Finish
Social	17:30		IODAI Games Night in the Grand Hotel. Dinner and social evening for parents
Friday			
	8.00		BM Clubhouse open
			Launch all rescue boats
	9.30		Coaches Briefings - Rescue, Safety and by Head Coach
	10.00		Sailors Briefing
	10.00		Distribute food for sailors and coaches
	11.00		Coaching
	11.00		Class Captains Feedback to IODAI
	11.30		Parents information Morning
	13.00		Lunch
	13.30		Coaches - Debrief and goal setting for 2022
	14.30		Fun Afternoon - Whole fleet and Parents
	17.00		Finish
Social	18: 00		Paddy's Pizza Pie – St. James' Terrace Club House
	18.30		National Training Week prizegiving at St. James' Terrace
Saturday			
	8.00		Open pen and clubhouse. launch ribs and have committee boat plus finish boat ready before 8:30
	8.30		All Rescue Boats and Committee Boats Launched by 8.30
	9.00		Coffee & Tea
	9.20		Rib and safety boat briefing
	9.40	Neil Murphy	Main fleet briefing
	10.45	Graham Smith	Regatta fleet briefing
	10.15		Launch Main fleet
	11.00		Launch Regatta fleet
	11.00	Neil Murphy	First Gun for main fleet
	11.30	Graham Smith	First Gun for regatta fleet
			Likely competitors return to shore for 15:30
	16.00		Protests - Results Computation
			Halloween Regatta prizegiving